Review

The app Artofinjection av Dr Roger Stadra

Roger Stadra has successfully created a modern, instructive and high quality app for your smartphone or Ipad on the art of injection. The app may serve as an easily accessible encyclopedia in the clinical setting and also as an excellent tool for teaching students.

The context is based on Stadras extensive personal experience and clinical practice. Even though some aspects have yet to be scientifically proven the app provides well defined information and instructions on the procedure of preparing and performing the possible use of injections in a variety of clinical settings.

The app provides examples of how to diagnose and when and how to perform injections for treating common disorders but also introduces less well known and maybe under diagnosed conditions

Surprisingly few practitioners seem to use a simple and cost effective injection for diagnostic and/or treatment purposes. However, with this app you will quickly be introduced to and be able to use the art of injection in a clinical or bedside situation.

Bo C Bertilson

MD, PhD
Research group leader Musculoskeletal functions and pain
Division of Family Medicine
Department of Neurobiology, Care Sciences and Society
Karolinska Institutet